



For Release: January 26, 2018

Contact: Ronnie Simpson, 985-898-5243

## St. Tammany Parish Proclaims 2018 the *Year of the Senior*

Pat Brister, St. Tammany Parish President, proclaimed 2018 as the *Year of the Senior* in early January. She presented a signed proclamation to the [St. Tammany Council on Aging](#) (COAST) which recognizes the 50th anniversary of COAST's service to older residents of St. Tammany. It also recognizes the more than 54,000 senior residents and their valuable contributions to Northshore communities, and calls on residents to honor and respect our seniors in observance of this designated year.

"I want to thank COAST for their decades of service to our residents. Our senior population has so much to offer— they show long-standing community pride, they help raise our children, and they provide valuable life and work experience. This combination of time and talent cannot be quantified," said Pat Brister, St. Tammany Parish President. "I encourage all residents to recognize and show appreciation for the seniors throughout our community this year, and always."

"On behalf of COAST, I would like to thank St. Tammany Parish Government for helping us to recognize and celebrate the contributions that our seniors make to our vibrant community," said Julie Agan, Executive Director, COAST. "We invite the entire community to celebrate this banner 50<sup>th</sup> anniversary year with our seniors, as we hold events throughout the Parish all year long."

The *Year of the Senior* events will culminate with a 50<sup>th</sup> Anniversary Gala in August. [COAST](#) operates seven senior centers throughout St. Tammany Parish, and provides various services to seniors, like nutrition, transportation, community involvement and information on outside resources, designed to maintain and enhance their quality of life, wellbeing and independence. To learn more about COAST and their services, call (985) 892-0377, and you can find them on social media [here](#).

###

Stay up-to-date on what's happening in Parish Government when you sign up for email updates at [www.stpgov.org](http://www.stpgov.org). Follow us on social media on [Facebook](#) and [Twitter](#).

